



Congratulations on your decision to make an investment in yourself, your health, and your well-being. I am excited and honored to work with you! I wanted to let you know what to expect and explain a little bit about how our sessions will work.

I begin each session:

1. By asking questions as to how you are feeling and if there is a particular issue you are wanting to be worked on.
2. There will be paperwork to fill out at the beginning or by email
3. Remote sessions are completed by phone or email.
4. You will be able to contact me by phone at your scheduled appointment time. The number to contact me on is 479-899-8987.

As a courtesy, I ask that you be on time for your session, and I will endeavor to run on time as well. This will ensure that you receive the full benefit of our time together. I often run very tight with my schedule and am not able to extend your session if we start late. I do know that running late can't be avoided from time to time, so please just touch base if you are running late, and I commit to doing the same for you!

A session usually lasts 30-45 minutes. This session is meant to target a specific area of healing. This time is spent understanding how you are feeling and what you would like to accomplish in your session, and then performing energy work for you. I offer a discount when clients purchase a bundle of 3 or 5 individual sessions. This also allows me to book you further out in my calendar, securing convenient session times for you. On average, most Quick and Targeted Issues can be taken care of in 1 to 2 bundles.

Once you have completed one cycle of sessions, we will determine the next course of action together. My goal is to help you recover and feel better as quickly as possible, and then move you to a monthly or quarterly maintenance program so we can continue to keep you balanced.

BENEFITS AND POST-SESSION PROCESSING

Most people say that Emotion Code/Body Code/Belief Code techniques help them feel lighter and freer, but I also see the disappearance of health and emotional issues too. Your results will depend on how many trapped emotions you have and how quickly your body responds after they are removed. The human body has an incredible innate ability to bounce back and heal itself from all kinds of stress, trauma, sickness, and disease. But this self-healing ability is dependent on the right conditions; if the

body is imbalanced, it won't be able to heal itself as well as it should. This allows problems to build up over time, some never being fully resolved. Most people are in this kind of state and suffering from it, but the good news is that this process is often reversible. This is a very powerful way to restore balance to the body, by making the conditions right for it to rebalance itself. Working with these systems have helped thousands of people create a profound shift in their emotional and physical wellbeing.

Please keep in mind that after a session, you can expect that you will go through a period that we call processing which usually lasts 1-3 days. Occasionally (less than 20% of the time), there may be some symptoms that come along with processing and I want you to be aware. Usually this is something minor, such as emotional irritability or a little fatigue, but it could end up being something more uncomfortable like headache or nausea. It all depends on what we released, what is going on with your body at the time, your stress level at the time and many other external factors. You can make the processing period easier by getting extra sleep the night before, drinking a lot of pure water, and avoiding stressful situations.

SCHEDULING, FEE PAYMENT, AND CLIENT RESPONSIBILITY

1. Appointments are made through email or by phone. I am currently scheduling sessions Tuesday or Thursday evenings 7:00 pm- 9:00 pm, Friday 8:00 am- 4:00pm. If other times are needed, please let me know and we can look at other options.
2. Reminders will be sent out the day before your scheduled appointment.
3. Please give 24-hour notice if you need to reschedule your appointment.
4. For remote sessions, I request payment up front. If payment is not paid before the session, I collect payment via PayPal or Venmo before we start.

Your first session is scheduled for: _____

Again, I am honored to work with you and look forward to our first session together!

Elise Campbell 479-899-8987

Ejedwards1165@hotmail.com

Certified practitioner: Emotion Code, Body Code, and Belief Code

Ecsenergycenter.com

Client Intake Form

CLIENT SUMMARY

Client Name:

Date:

Address:

City, State/ Country:

Phone:

Email Address:

Age:

Birthdate:

Marital Status:

Emergency Contacts: This is the personal and/or medical contact to be reached in the event you have an unforeseen emergency.

Personal Emergency Contact:

Medical Emergency Contact:

HEALTH AND LIFE QUESTIONNAIRE

1. Do you currently have health problems or complaints? Yes or No
2. Are you under a doctor's care for your health concerns at this time? Yes or No.

If yes, please provide a brief description.

3. Do you currently use, or have you used in the past 2 years, an Alternative Health Modality such as acupuncture, chiropractic, or other energy healing technique to improve your health or other life issues? Yes or No.

If yes, please list the types of services you are using or have used

YOUR TOP HEALTH OR LIFE ISSUES YOU'D LIKE TO SEE IMPROVED SCALE OF 1 TO 10

- 1.
- 2.
- 3.

What major life traumas have you had (if any)? Please provide a brief summary. You may add more than 5 as needed. Examples are injuries or other significant health problems, experiencing the divorce of your parents or of your own marriage, childhood traumas, etc.

MAJOR LIFE TRAUMAS AGE OF EVENT

- 1.
- 2.
- 3.

FINAL QUESTIONS

1. Are there any other concerns you'd like me to be aware of before we begin?
2. Are you serious about getting well or about seeing improvements in your life? Yes or No
3. What are your goals for what you'd like to see improved by working together

Disclaimer:

All information provided is provided without any warranties or guarantees. I make no warranties of any kind, either express or implied.

Client Consent Form

EC's Energy Center

Client, please read in full.

EDUCATION AND TRAINING:

I am certified in Emotion Code/Body Code/Belief Code

The Emotion Code, Body Code, and Belief Code techniques are simple ways to rid the body of emotional baggage helping you feel freer, happier and healthier! Because the body is made of pure energy, the negative energies of trapped emotions can exert a damaging force on the body, which worsens over time. Trapped Emotions cause pain, self-sabotage, emotional problems and all kinds of malfunction and disease.

The Body Code is an advanced healing technique bringing balance in six different ways.

- **Energy:** To correct this area of imbalance, I identify and remove damaging emotional and mental energies that can become trapped in the body during stressful emotional events.
- **Circuitry:** Involves balancing the energy systems of the body including the chakras, the acupuncture meridians, the connection of the spiritual and physical body, and the energy circuits of organs and glands.
- **Toxicity:** Identifies and addresses toxic agents that may or may not be diagnosed in medical tests. This can include removing energies and offering suggestions for detoxification
- **Pathogens:** Destructive and often elusive infections can be identified. In addition to clearing energies, I can suggest other remedies to rid the body of these pathogens.
- **Structural:** Imbalances in the bones, organs, connective tissue, muscles and nerves can be identified and balanced non-invasively to gently restore stability to the physical body.
- **Nutritional:** This can involve identifying nutrient deficiencies as well as imbalances such as dehydration, magnetic field deficiency or a need for certain healing foods.

The Belief Code is a sophisticated, comprehensive energy healing method that builds on the principles of the Emotion Code® and the Body Code™! The Belief Code allows energy healing practitioners to tap into the subconscious mind to identify and release unwanted beliefs, reverse or replace negative systems of thought, and create space for new empowering beliefs!

The Belief Code uses mind-mapping technology to allow the subconscious to lead practitioners to the belief that needs to be addressed. The Belief Code is comprised of seven main categories listed below, with subcategories beneath each, and cascading lists of both negative and positive beliefs. This results in an incredibly efficient process of finding and releasing unwanted beliefs.

1. Divine
2. Communication
3. Insight
4. Power
5. Love
6. Passion
7. Survival

The Belief Code is designed to remove negative belief systems in the subconscious mind with this groundbreaking new form of energy healing. A belief is a subjective view held by the subconscious mind that something is true or false, right or wrong, and is the filter through which life is viewed and experienced. Belief systems may be made of negative programs, limiting beliefs, faulty core beliefs, broadcast messages, images, trapped emotions, and more. By using muscle testing, you can ask the subconscious mind yes or no questions to determine what may be holding you back from aligning with your highest self or achieving your goals.

DISCLOSURE OF HEALTH INFORMATION:

You will be given a “Client Intake Form” which asks for full disclosure of any health information that might impact your treatments (such as pregnancy) or physical limitations (like breathing or extreme pain issues). Elise Campbell and EC’s Energy Center cannot be held responsible for any information not disclosed to her regarding current and past medical or emotional conditions.

CONFIDENTIALITY OF RECORDS AND CLIENT’S RIGHTS:

At any time, you have the right to discontinue services, change consent, or leave. You also have the right to ask any question about your session. Your client information and records are treated in a confidential manner. Your experiences during these sessions are confidential subject to the usual exceptions governed by state or federal laws and regulations.

Confidentiality is subject to the following exceptions:

1. You may instruct me to release information to other health care practitioners in writing.

2. I may release information if subpoenaed or otherwise am obligated or reasonably allowed to do so (including circumstances where there is clear and imminent danger to yourself or another person.)
3. Your confidential personal file is kept in a secure location and is retained for 4 years after you suspend services, after which time all information and regulations will be destroyed in a proper manner.
4. Your confidentiality is always subject to the usual exclusions dictated by state and federal laws and regulations

RELEASE OF LIABILITY

Emotion Code/Body Code/Belief Code are gentle, complementary energy-based approaches to health and wellness that can assist your body in its natural ability to return to balance. This may be accomplished using some contact to the back (governing meridian). You may decline any physical contact, change your consent to any physical contact at any time, or leave. Should you choose not to have any physical contact, you have the option to give consent for Elise Campbell and EC's Energy Center to act as "proxy" for you so that you may still enjoy the benefits of a session.

Emotion Code/Body Code services through Elise Campbell and EC's Energy Center is a complementary therapy not intended to replace any currently prescribed medical treatments as ordered by your physicians nor any other medical care you have or may be advised to seek. Services Elise Campbell and EC's Energy Center is not medical advice or medical treatment and is not meant to replace medical advice of your doctor. You will be encouraged to consult a licensed medical practitioner for any physical or mental complaints you may have.

While Emotion Code/Body Code/Belief Code is a gentle, complementary energy-based approach, there may be risks. Most people process the energy released very easily. However, occasionally, there may be some symptoms that come along with processing that you need to be aware of. Usually this is something minor, such as emotional irritability or a little fatigue, but it could end up being something more uncomfortable like headache or nausea. It all depends on what we released, what's going on with your body at the time, your stress level at the time and many other external factors. You can make the processing period easier by getting extra sleep the night before, drinking a lot of pure water, and avoiding stressful situations. Elise Campbell and EC's Energy Center ask that you contact me immediately if any processing work is too uncomfortable so that I may help you. All energies released are intended to be released gently and peacefully.

All client information and records are treated in a confidential manner. Your experiences during these sessions are confidential subject to the usual exceptions governed by state or federal laws and regulations.

Except in the case of gross negligence or malpractice, you or your representative agrees to fully release and hold harmless Elise Campbell and EC's Energy Center for and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my session.

My questions have been answered to my satisfaction regarding Elise Campbell and EC's Energy Center.

If I am a phone-in or remote video client, I understand that when paying for services, I fully consent to the services offered by Elise Campbell and EC's Energy Center:

I agree to allow Elise Campbell and EC's Energy Center to send me information via e-mail. I understand that my e-mail address will be kept confidential and will not be given to any other party.

By signing below, I fully consent to use the services offered by Elise Campbell and EC's Energy Center.

Patient Signature _____

Date _____

If the patient is a minor, parent or guardian signature is required.

Consent for minor _____

Date _____

Disclaimer:

All information provided by EC's Energy Center is provided without any warranties or guarantees. I make no warranties of any kind, either express or implied. All information in EC's Energy Center is to be used at your own risk and based on your own judgment.